



American Quilters Stitch-Along

Block #4

Designed by Lisa Bongean

CONSISTS OF:

- 4 - rectangles
- 4 - flying geese units

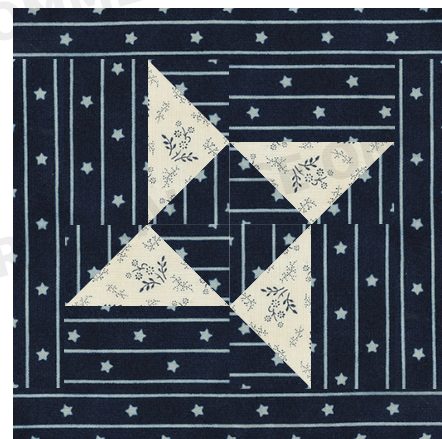
CUTTING:

From light fabric, cut:

- 3 1/4" squares - cut in half twice diagonally

From dark fabric, cut:

- 4 - 1 7/8" squares - cut in half once diagonally
- 4 - 1 1/2" x 2 1/2" rectangles
- 2 - 1 1/8" x 5 3/4"
- 2 - 1 1/8" x 4 1/2"



DIRECTIONS:

MAKE FLYING GEESE:

Using the light and dark triangles, stitch 4 flying geese units by stitching one dark triangle to the right side of light triangle, then stitch the remaining dark triangle to the other side. Flying geese units will measure 1 1/2" x 2 1/2" at this point.



Stitch a flying geese unit to one of the four 1 1/2" x 2 1/2" dark rectangles. Repeat for a total of four units.



Lay out all the units and stitch together in two of the units, pressing seams toward rectangles. Stitch the 2 rows together, press seams open.



Finish pieced block by stitching 2 - 1 1/8" x 4 1/2" dark strips to the sides, pressing seams away from block. Stitch 2 - 1 1/8" x 5 3/4" to the top and bottom, pressing seams away from block.

