



American Quilters Stitch-Along

Block #8

Designed by Lisa Bongean

CONSISTS OF:

- 8 - half square triangles
- 4 - rectangles

CUTTING:

From light fabric, cut:

5" square - HST

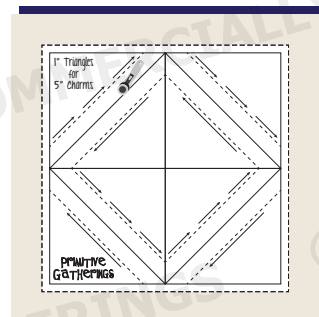
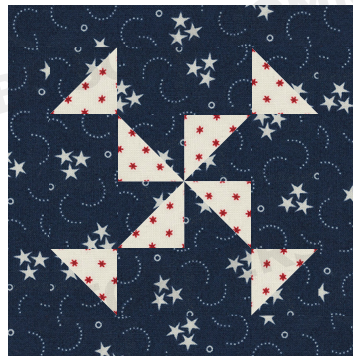
From dark fabric, cut:

5" square - HST

4 - 1½" x 2½" rectangle

2 - 1⅛" x 5¾"

2 - 1⅛" x 4½"



DIRECTIONS:

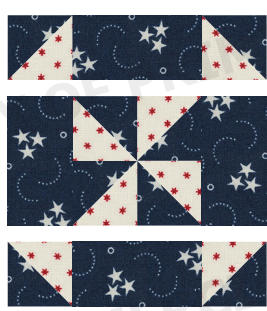
HALF SQUARE TRIANGLE

Layer a dark and light 5" square fabric, right sides together with light on top. Cut 1 square of 1" charm triangle paper to yield 8 HSTs.

Shorten you stitch length and stitch on all dashed lines...cut apart on all solid lines. Press HST units with the paper still on, toward the dark fabric.

Remove paper by grabbing from the center of the paper triangle and pulling it away from the seam. HST units should measure 1½" at this point.

Lay out all units as shown. Stitch together into 3 rows, pressing seams in alternating directions. Stitch the 3 rows together and press seams open.



Finish pieced block by stitching 2 - 1⅛" x 4½" dark strips to the sides, pressing seams away from block. Stitch 2 - 1⅛" x 5¾" to the top and bottom, pressing seams away from block.

