



American Quilters Stitch-Along

Block #10

Designed by Lisa Bongean

CONSISTS OF:

- 4 - flying geese units
- 4 - rectangles

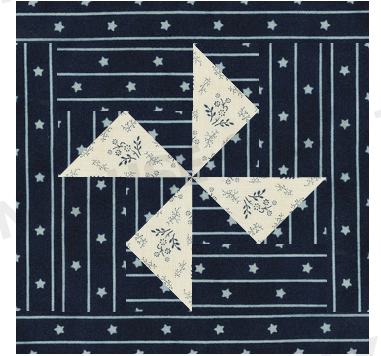
CUTTING:

From light fabric, cut:

- 3 1/4" square - flying geese - cut in half twice diagonally

From dark fabric, cut:

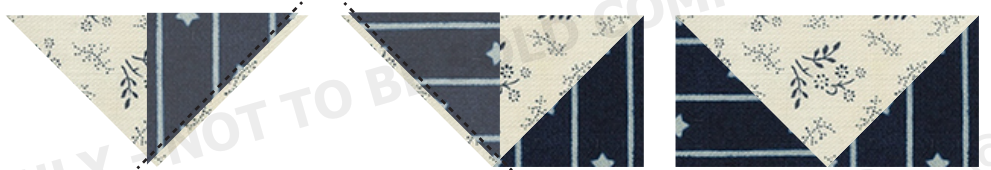
- 4 - 1 7/8" square - flying geese - cut in half once diagonally
- 4 - 1 1/2" x 2 1/2" rectangles
- 2 - 1 1/8" x 5 3/4"
- 2 - 1 1/8" x 4 1/2"



DIRECTIONS:

MAKE FLYING GEESE:

Using the light and dark triangles, stitch 4 flying geese units by stitching one dark triangle to the right side of light triangle, then stitch the remaining dark triangle to the other side. Flying geese units will measure 1 1/2" x 2 1/2" at this point.



Stitch together 1 triangle and 1 flying geese unit, press seams toward triangle. Stitch the remaining 3 units.



Lay out the 4 units as shown and stitch together into 2 rows, pressing seams open. Stitch the 2 rows together and press seams open.



Finish pieced block by stitching 2 - 1 1/8" x 4 1/2" dark strips to the sides, pressing seams away from block. Stitch 2 - 1 1/8" x 5 3/4" to the top and bottom, pressing seams away from block.

